3184 Summit Street Ohio Race Walker Columbus, Ohio 43202

RACEWALKER

VOLUME XII, NUMBER 12

COLUMBUS, OHIO

FEHRUARY 1977

## FEHRUARY A SCULLY MONTH

Todd Scully made two trips from Virginia to New York's Madison Square Garden in February and returned to the hog farm with two American records plus a National title. First, he won the Ron Zinn Memorial 1500 meter at the U.S. Olympic Invitational on February 12. In that one he beat both Dave Romansky and Dave Romansky's record. He had an easier time with Dave than with the record. His brilliant 5:48.6 was 1.2 seconds under the record but left Dave nearly 23 seconds back in second place. Todd's pace, if maintained, would produce a 6:14.1 mile. For the American record effort, co-sponsor Vitalis gave \$1000 to the U.S. Olympic fund and \$500 to Todd's club, the Shore AC.

Todd, back on the seene 2 weeks later for the National 2 Mile title. In this one he had a real tussle with fast-rising Neal Pyke but pulled well clear in the final quarter for the win. His 13:02.5 obliterated Larry Walker's American and Championship record of 13:24 set 3 years ago. Pyke, and Walker himself, were also well under the old mark and Dan O'Cosnor was close in a truly great race. The only missing element was Ron Laird, back in California nursing his fat. Much to his credit, he passed up the proferred expense money to defend his title, realizing he was not fit. Well that he did. Even his winning time last year of 13:37 would have left him a badly beaten fifth.

Scully went out to decide the issue early with a 1:27 quarter. But even though he passed the mile in a blazing 6:16, the audacious Pyke was still hanging close. The newcomer then closed on Todd and actually went into the lead at about a mile and a quarter. Todd's strong finish was a bit more than he could handle but his 13:09.4 is a fantastic effort in itself. Unfortunately, I can't tell you much about Neal at this point. He just started walking last year and shot into prominence last spring with some very good 20 Km races. He did not have a good race in the Olympic Trials but obviously has not let that discourage him. He competes in the San Francisco area but represents the Florida Track Club. I can tell you no more at this point. Scully and Pyke qualify to race against the Soviets in Canada on March 4 and if they can duplicate this effort should make that 3 miler a highly competitive race.

The field was one of the smallest ever with only 9 starters but they produced the best race ever. In any other year, Larry Walker's 13:15 effort would be worthy of rave notices and who can sneer at the 13:27 of Dan O'Connor. The old men were even pretty tough with Ron Daniel and Dave Romansky both shading liminutes.

Earlier in the day, Sue Brodock put on her own show bettering her own American record and world's best with a great 7:05.9. Sue Liers continues to improve and chased her home with 7:19. The field here was

AT COLUMBUS, OHIO

SECOND CLASS POSTAGE PAID

very dissappointing with only four on the starting line. Laurie Tucholski, second last year, had been unable to get indoors until week and a half before the meet and was really untrained for a mile. Although she had managed a 7:53 a week earlier, she never got going in this one and finished way back in 8:09. Ahead of her was another Californian, Traci Trisco in a very impressive 7:33. Where were all the other girls? Thanks to Henry Laskau for results and details. Olympic Invitational 1500 Meter, Fab. 11, New York--1. Todd Scully 5:48.6 (American record and World Indoor best) 2. Dave Romansky 6:11.2 3. Ron Daniel 6:15.3 4. Vincent O'Sullivan 6:18.9 5. John Fredericks 6:21.8 5. Ron Kulik 6:24.6 6. Bob Falciola 6:25.5 7. Steve Cassarella 6:99 NAAU 2 Mile, New York, March 25-1. Todd Scully, Shore AC 13:02.5 (New meet and American Indoor record and probably world's best ever indoors) 2. Neal Pyke, Florida TC 13:09.4 3. Larry Walker, Tobias Striders 13:15.6 4. Dan O'Connor, NYAC 13:27.1 5. Ron Daniel, NYAC 13:59.2 6. Dave Romansky, Shore AC 13:59.8 7. Vincent O'Sullivan, Hunter College 14:33.2 8. John Fredericks, Shore AC 14:43.8 9. Ron Kulik, NYAC 15:03.3 Judges: Joe Tigerman (Head), Bruce MacDonald, Henry Laskau, Bill Mangovin MAAU Women's 1 Mile, New York, Feb. 25-1. Sue Brodock 7:05.9 (American record) 2. Sue Liers, LIAC 7:19.3 3. Traci Trisco, Blue ANGELS 4:33.4 4. Laurie Tucholski, Ohio TC 8:09.5

# OTHER RESULTS

5.5 Mile, Lowell, Mass, Jan. 5--1. Dennis Slattery 51:34 2. Robert Page 54:45 3. Toney Medeiros 55:02 5. John Farrell 69:45 1 Mile, Hanover, N.H., Jan. 19-1. Bob Falciola, Shore AC 6:57 2. Bob Kitchen, DC Striders 6:59.8 3. Tom Knatt 7:13.5 4. Dave Jolliff 7:32.9 5. Steve Vaitones 7:40.4 5.5 Mile, Lowell, Jan. 12-1. Charles Scott 53:40 2. Fred Brown Sr. 73:33 5.5 Mile, Lowell, Jan 26--1. Tony Medeiros 75:44 2. Fred Brown Sr. 75:45 5.5 Mile, Lowell, Feb. 9--1. Charles Scott 53:40 2. Tony Medeiros 56:35 3. Fred Brown Sr. 73:33 -- course conditions for all of these 5.5 mile races were miserable as any courses in the eastern half of the country have been all winter. 5 Km, Smithtown, NY, Feb. 6-1. Ron Day 25:10 2. Peter Doyle 25:35 3. Gary Westerfield 26:30 4. Susan Liers 27:05 5. John Shilling 28:00 6. Mike O'Donnell B2:45 7. Lorna MacKinnon 36:31 8. Art Liers 38:20-bitter cold with a cked snow over ice. 2 Mile (Indoor), Lawrenceville, N.J., Feb. 4--1. Ron Daniel 13:55.6 2. Dave Romansky 14:09.7 3. John Fredericks 14:16.6--incidentally, Ron walked his 17th National 2 Mile (or 1Mile in most years) this year having missed only Oakland in 1972 since 1960. 10 Mile, Long Branch, N.J., Jan. 9--1. Ray Floriani Jr. 1:22:26 2. Bob Mimm 1:29:15 3. John Fredericks 1:30:00 4. Ben Ottmer 1:36:33 5. Fred Spector 1:38:45 6. Cliff Mimm 1:40:20 7. Sam DeLosSantos 1:40:20 8. Dr. Daniel Marzano 1:50:02 - cold, cold, cold. Jersey Shore Marathon, Asbury Park, Jan. 16-1. Bob Mimm 4:55:35 2. John Fredericks 5:09:51 3. Bill Hakulich 5:10:19driving snowstorm and icy roads. 20 Km, Long Branch, Jan. 30-1. Ray Floriani 1:51:45 2. Bob Mimm 1:55:24 3. Ben Ottmer 2:05:02 4. Don Johnson 2:08:45 5. Bill Hakulich 2:09:35 6. Cliff Mimm 2:14:33 7. Alan Wood 2:18:34 8. Dr. Daniel Marzano 2:28:35--bitter cold, brrr. Asbury Park Polar Pear 10 Mile, Dec. 26--1. Ray Floriani 1:25:21 2. Rob Mimm 1:27:49 3. Ben Ottmer 1:39:22 4. Dr. Daniel Marzano 1:55:32 5. Raymond Dykstra 2:05:00--brrr again (weather comments courtesy of Elliott Denman, who I note did not take to the roads in any of these) 1500 Meter, Rochester, M.Y., Feb. 20--1. Richard Merriam 6:44 2. Peter Granick 7:35.3 3. Jim Robinson 7:56.8 6 Miles, Biffalo, N.Y., Feb. 19-1. Richard Merriam, Greater Rochester TC 50:35 2. Larry Naukam, GRTC 50:55 3. Roman Olszewski, Can. 51:11 4. John Layton, Can. 51:44 5. Dan Stanek,

The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$4.00 per year (\$6.00 for First Class Mail, \$8.00 for Foreign Air Mail). Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202. Second Class Postage paid at Columbus. Ohio.

Niagara Race Walking Club 55:23 6. Peter Granick, Brockport Col. 56:23 7. Arkadiusz Rudnik, Can. 56:50 8. Ray Voelker, NRMC 87:00--snow and slush covered roads, 30 F, light wind. 5 Mile, Lakeland, Fla., Nov. 7-1. Bick Ehrgood 41:06 2. Joe Sherman 42:03 3. Doug Ermini 47:55 4. Pat McNabb 48:41 5. Jeff Stillwell 56:36 Masters Division: 1. John Scimone 44:51 2. Norman Knott 45:24 3. Hank Staphenson 48:39 4. A. Gustafson 48:42 Women's Division: 1. Sperry Rademaker 56:04 2. Kathy Gates 56:36 3. Jeanine Wright 59:37 9 Km, Lakeland, Feb. 20--1. Joe Sherman 46:55 2. John Scimone 54:53 3. Hank Stephenson 58:46 2 Mile. Madison, Wis., Jan. 22-1. Jim Heiring 13:39.4 2. Chris Hansen 14:22.8 3. John VanDen Frandt 14:25.2 4. Al Halbur 15:18.2 5. Mike Runnelhart 15:50.6--all of University of Wisconsin-Parkside USTFF National 3 Mile, Racine, Wis., Feb. 5 (Indoor)-1. Jim Heiring 21:06 (6:45.4, 14:00) 2. John VanDen Prandt 22:48 3. Bill Hamilton, UW-Whitewater 23:27 4. Al Halbur 23:40 5. Mike Rummelhart 23:42 6. Steve O'Brien, E. New Mexico. Green & Gold AC 23:45 7. Mark Treger. Northwestern U. 23:51 8. Dan Fitzpatrick. ENTU/Green & Gold 24:03 9. Paul Niehaus, UW-Stevens Point 25:00 10. Dennis Zielinski, un. 25:39 lb. Larry Larson, Parkside AC 26:02 12. Bob Guevera, Hillsdale College 26:36 13. Fred Kuhn, C&G 27:01 14. Dave Slatter, UW-Whitewater 27:22 15. Roy Yarbroug h, Coast Guard 27:43-DQ:Steve Pecinovskiy, Notre Dame 23:31, Chris Hansen in second with 18:25 at 22, and Steve Hoger, Concordia, Neb. at 2 miles in 15:10. DNF: Mike Krueger, UW-Stevens Point and Marty Powers, Carthage College--six qualified judges on hand. 10 Km (Track), Austin, Tex., Feb. 12-1. John Knifton 45:59.9 2. Dan Fitzpatrick, Eastern New Hexico U. 52:12.8 3. Edwin Bomer Jr., Austin 53:48.8 4. John Stowers, Houston 53:51.5 5. Bill Kilgore, Austin 55:7.2 6. George Scott, Austin 57:11.9 8. Lawrence Mack, Austin 61:14.8 9. Traude Weller, Houston 69:04.7 10. Randy Tidwell, Round Rock, Tex. 90:16 11. Charles Tidwell, Round Rock (age 7) 1:44:25--Traude Weller was first in the women's division and Bomer led Stowers, Scott, Mack, and Weller in the Master's Division. Gulf AAU 20 Km, Houston, Jan. 30-1. Jeff Bomer 1:55:32 2. John Stowers 2:00:35 3. John Knifton 2:06:30 (but started 31 minutes late) 4. Traude Weller 2:20:00 5. Dan Taphan 2:25:30 6. Clyde Villernez 2:32:37 10 Km, Indio, Cal., Feb. 20-1. Jim Coots, un. 49:51 2. Ed Bouldin, LA Shiriffs 51:02 3. Dale Sutton, San Die go T&F 51:06 4. Bryon Overton, Striders 53:00 5. Dave Hall, un. 53:39 6. Paul Hendrick, San Diego T&F 55:55 7. Ron Laird, NYAC 57:32 8. Pete Alber, SD T&F 58:30 9. Gary Farrar, SD T&F 58:53 10. Jim Hanley, Sutter TC 60:35 Juniors: 1. Tracy Teegarten 52:48 2. Travis Veon 62:49 3. Mike Slates 65:11 4. Eric Jonke 71:18 Masters: 1. Hal McWilliams 61:09 2. Chelley Unruh 71:00 Women: 1. Leslie Wilson 70:47 <u>1'Mile, Long Beach, Jan. 22—1.</u>
John Kelly 7:18 2. Jim Coots 7:30 3. Travis Veon 7:51 Race #2—1. Larry Walker 6:23 2. Ed Bouldin 6:50 3. Mark Randle 7:01 4. Ron Laird

FEBRUARY 1977

Sun. Mar. 27-1 Mile, Rochester, NY (G)
Chris Hansen Special 1 Hour, Kenosha, Wis., 11 a.m. (P)
NJAAU 2 Mile, Princeton, N.J., noon (K)
16 Km, Lakeland, Fla., 9 a.m. (T)

Sat. Apr. 2—1 Hour, Columbia, Mo., 9 a.m. (D)
20 Km, Toronto (Q)

Southeast Masters 5 Km, Raleigh, N.C. (AA)
Sun. Apr. 3-NATIONAL AAU SENIOR AND MASTERS 35 KM, SAN FRANCISCO, 9 a.m.

5 Mile, Old Bridge, N.J. (K)
Met. AAU 5 Km Junior and Women, 20 Km Men, Smithtown, N.Y.
9 a.m. (X)

Southeast Masters 20 Km, Raleigh, N.C. 7 a.m. (AA)

Sat. Apr. 9---15 Km, Washington, D.C. 1 p.m. (B)

Iowa 30 Km, Cedar Rapids, 10 a.m. (J)

1 Mile Invitational, Boulder, Col. (S)

PNW 20 Km, Seattle, 1 p.m. (F)

Sun. Apr. 10-5 Km, Portales, N.M. (Z) Sat. Apr. 16-Wisconsin Relays 6 Mile, Kenosha, 1 p.m. (P)

Sat. Apr. 16-Wisconsin Relays 6 Mile, Renosha, 1 Pame (1) OLD ERIOGE, N.J. Sun. Aprl 17-NATIONAL AAU SENIOR, B, AND MASTERS 75 KM, OLD ERIOGE, N.J.

5 Mile Men, 3 Mile Women, Cedar Rapids, Ia., 1 p.m. (J)
10 Mile, Westbury, N.Y., 9 a.m. (X)

Sat. Apr. 23--Walk-Run Pentathlon, Columbia, Mo. 9 a.m. (D)
5 Km and 10 Km, Mt. SAC Relays, Walnut, Cal., 9 a.m. 4 p.m.

(R) 2 Mile, Kenosha, Wis., 3 p.m. (P) RMAAU 30 Km, Broomfield, Col., 8 a.m. (S)

San. Apr. 24-5 Km, Lakeland, Fla., 9 a.m. (T)

1 Hour, Charlottesville, Va., 11:30 a.m. (U)

Ron Zinn Memorial 10 Mile, Asbury Park, N.J., 10 a.m. (K)

5 Km. HDCP, Lakeland, Fla., 9 a.m. (T)

Tue. Apr. 26-10 Km, Whitewater, Wis., 4 p.m. (P)

Sat. Aprl 30-Missouri Cup 20 Km, Women's 5 Km, Columbia (Track), 9 a.m.

Men's 20 Km, Women's 10 Km, Jr. Men's 10 Km, Jr. Women's 8 Km, Age Group Races, Pittsburgh (V)

Sun. May 1---NAAU JUNIOR 5 KM AND B 10 KM, PORTLAND, ORE. (N)

5 Km, Hdcp., Kenosha, Wis., 1 p.m. (P) 30 Km, 5 Km Jr. and Women, Old Westbury, N.Y., 8 a.m. (X)

Sat. May 7---Ontario 50 Km, Toronto (Q)
NATIONAL AAU SENIOR 20 KM, SEATTLE, 5 p.m. (F)
2 Mile, Beloit, Wis., 3:30 p.m. (P)

Sun. May 8---10 Mile, Seaside Heights, N.J., 10 a.m. (K)

Pacific Northwest 5 Km, Seattle (F)

Sat. May 14-10 Km, Kenosha, Wis. (L)
NATIONAL AAU 100 KH, LONGMONT, COLURADO, 6 a.m. (S)
3 Mile Men, 2 Mile Women, Des Moines, 10 a.m. (J)

Sun. May 15——Bert Life Memorial 10 km, Toronto (Q)
15 Mile, 5 Mile Junior and Women, Westbury, N.Y., 8a.m. (X)
8 km Hdcp., Lakeland, Fla., 9 a.m. (T)

(Note: The 10 Km in Kenosha on May 14 is no longer the USTFF Champion nship. That will now be held with their track meet in Wichita on May 28. Contact Carl Cooper, Executive Director, USTFF, 1225 North 10th Ave., Tuscon, AZ 85705)

7:12 5. Bryon Overton 7:39 6. Joe Hampton 8:23 Women's 1 Mile, same place-1. Sue Brodock 7:14 2. Lisa Metheny 7:38 LA Times 1 Mile, Feb. 4-1. Larry Walker 6:23.9 2. Ed Bouldin 6:56.9 3. Dennis Reilly 7:00.7 4. Ron Laird 7:00.3 5. Jim Coots 7:10 6. Bob Hickey 7:11 7. Rudy Pearson 7:17 8. John Kelly 7:18 9. Bryon Overton 7:37 Women: 1. Sue Brodock 7:19.9 2. Traci Trisco 7:36 3. Lisa Metheny 7:38 4. Joyce Brodock 7:47 5. Linda Bottlik 7:48 6. Sally McPherson 8:19 Rose Bowl 10 Mile Handicap, Pasadena, Jan. 23-1. Pete Alber 1:38:52 2. Joe Hampton 1:36:30 3. Mike Slates 1:42:04 4. Jim Coots 1:27:28 5. Chester Unruh 1:48:51 6. Rudy Haluza 1:22:14 7. Traci Teegarden 1:32:56 8. Ed Bouldin 1:21:27 9. John Kelly of Glendale 1:51:50 10. Hal McWilliams 1:43:52 11. John Kelly (The Original) 1:25:25 12. Al Guth 2:01:01 13. Eric Jonke 2:04:01 14. Marty Lipstein 1:56:56--course record 1:12:25 by Ron Laird in 1975 5 Mile, Lake Merced, Jan. 9--1. Manny Adriano 40:39 2. Dennis Reilly 40:35 3. Phil Mooers 54:29 4. Mark Price 16:30 5. Sandy Briscoe 49:01 6. Libby Bangert (age 10) 59:33 2nd Race: 1. Neal Pyke 37:32.2 2. Bob Henderson 41:14 5 Km, Palo Alto, Cal., Jan. 16-1. Mann7 Adriano 23:48.2 2. Sally McFherson 26:04.2 1 Mile, San Jose, Jan. 8-1. Neal Pyke 6:35.8 2. Rudy Pearson 7:30.8 3. Sally McPherson 7:46.2 3 Km (Indoor), Portland, Ore., Jan 29-1. Steve DiBernardo 13:36.92 2. Jim Bean 14:11.32 3. Martin Rudow 14:15.07 4. Phil Millard 14:29.30 5. Duke Henslee 14:41.26 6. Rob Frank 15:13.89 Women: 1. Lorrie Greive 17:06.92 2. Sally Winner 17:08.90 5 Km, Salem, Ore., Jan. 23--1. Duke Henslee 24:32 2. Jim Bean 25:14 3. Rob Frank 26:25 4. Doug VerMeer 27:10 5. John McCabe 28:24 1 Mile (Indoors), Seattle, Jan. 15-1. Steve DiBernardo 6:41.3 2. Bob Rosencrantz 6:57 3. Phil Millard 7:20 4. Evan Shull 8:08 5. Claude Wrathall 8:16 10 Km, Seattle, Jan. 22-1. Bob Rosencrantz 48:26 2. Phil Millard 51:24 3. Steve Geiver 56:37 4. Paul Kaald 59:18 5. Ed Glander 61:29 1 Mile, Seattle, Feb. 5-1. Bob Rosencrantz 6:53.2 2. Steve DiBernardo 7:07 (3:18 at 880 led by 2 seconds) 3. Evan Shull 8:00 4. Dean Ingram 9:36 2 Mile, Washington State H.S. Championships, Feb. 20--1. Phil Millard 15:47.2 1500 Meter, Toronto, Jan. 21--1. Helmut Boeck 6:23.8 2. Richard Merriam, Rochester 6:34 3. Roman Olszewski 6:44.7 Women: 1. Lilly Whalen 8:08 Women's 5 Km, Brighton, Eng., Jan 29--1. Christine Coleman 25:45 SCHEDULE OF FORTHCOMING RACES

Sat. Mar. 12--PAMU 50 Km, Sacramento, 9 a.m. (0)
5 Mile Men, 3 Mile Women, Des Moines, 10 a.m. (J)
20 Km, Kenosha, Wis., 11 a.m. (P)

Sun. Mar. 13-6 Mile Men, 3 Mile Women, Ottumwa, Ia., 2 p.m. (J)
20 Km and 5 Km, Toronto (Q)

RMAAU 10 km, Denver, 1:30 p.m. (S) Marathon, Detroit, 9 a.m. (I)

Sat. Mar. 19-12 Mile and 6 Mile, Carderock, Md., 9 a.m. (B) 3 Mile, Columbia, Mo., 9 a.m. (D) Wis. AAU 1 Mile, Whitefish Bay, 11 a.m. (P) USTFF 10 Km, Portales, N.M. (Z)

Sun. Mar. 20-Region 1 20 Km, Westbury, N.Y., 9 a.m. (C)
Gulf AAU 30 Km, Houston, 10 a.m. (E)
Iowa 50 Km, Des Moines, 9 a.m. (J)

1 Mile (Indoor), Detroit (I)

10 Km Fen, 5 Km Women, Age Group Walks, San Jose, Cal. (0) 10 Km, Lakeland, Fla., 9 a.m. (T)

Mon. Mar 21-International Walking Marathon, Albuquergue, 10 a.m. (BB)
(Last man still walking wins)

Tue. Mar. 22-24 Hour and 12 Hour Striding Championship, Albuquerque (BB)

### CONTACTS:

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0-Wayne Glusker, 20391 Stevens Creek Blvd, Cupertino, CA 95014

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Q-Doug Walker, 29 Alhambra Ave., Toronto, Ontario, Canada

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BB-Jesse Castaneda, c/o Albuquerque Aca demy, 6400 Wyoming Blvd NE. Albuquerque, NM 87109

# WALKING IN NEW YORK STATE HIGH SCHOOLS

You will often notice results of high school meets in our pages but we have never given the outstanding program they have going the notice it deserves. Just as the smaller colleges in Wisconsin are le ading the way in collegiate walking, New York has the finest program going on the high school level. (Wisconsin is also developing a strong high school program but to my knowledge does not yet have the event on their state championship program as does New York this year.) As Bruce MacDonald points out, the most surprising thing about the position of m ce walking in the New York high schools is that the state has generally been backward in their track and field program. They added the high hurdles only about 12 years ago and in the recent past a boy could not run more than one event in a meet if he ran anything over 220. All of which should indicate it can be done in any state if they did it in New York.

Bruce is probably the one most responsible for this coming about as he started pushing the program on Long Island several years ago and has kept at it. The following report from Bob Timmons in Poughkeepsie provides a good overview of what is happening in New York.

For the past 4 years, the New York State Public School Athletic Association has sanctioned the racewalk in high school competitions on an experimental basis. Several sections in the state included the 1 mile walk in the order of events for both winter and spring track seasons. These sections first included the event on a non-scoring basis and then later as a regular scoring event. The sections that picked up the event and encouraged the walk surrounded New York City. Massau, Westchester, and the Mid-Hudson counties all now have many fine high school walkers.

On March 12 at Cornell University, Ithaca, New York, the New York State Winter High School Championship will include for the first time a I Mile race walk on a scoring basis. It will also be included in the spring state championship meet.

Bacause of this promotion of the walk, New York state can boast of several high school boys who have established national records within the last year. An outstanding foursome of walkers attend one pa rticular high school in Datchess County. Roy C. Ketcham High School, Wappingers Falls has four of the best high school walkers in the nation. George Kolb, a junior, set the national 1 Mile scholastic record at the Dutchess County Scholastic League Campionships in May of last year with a clcoking of 6:56.6. Teamnate Pete Timmons recently did a 7:01.1 at the first meet of the winter season. Timmons! time is the best known for a winter track season on a 220 track. The race was held on a frozen parking lot track with temperatures that registered at -3F with a wind chill factor of 20 below. Mike Morris, of Our Lady of Lourdes, was a close second in 7:04.4 and George Kolb third in 7:11. Ketcham's high school walkers also include Scott Greer whose best time set last year is 7:02 and Mike Piplani who, as a freshman, did 7:20 last May. It will be interesting to follow New York high school championships with somany competent walkers.

A strange development of this high school surge is that it is becoming a dead end for many of these walkers. If these trackmen had been sprinters or middle dinstance runners who accomplished the same level of national record breaking they would have been approached by now by interested college coaches. Walkers Timmons, Morris, and Greer are all seniors and are anxious to find a college that will promote their speciality. Not only have they received no inquiries but they have been told by some college track coaches that they would not be included on the track team even if they came to the college at their own expense. It seems that colleges have a long way to go in comparison to the New York state schools in the racewalking department. 

#### FROM HEEL TO TOE

We are very sorry to report that you will no longer read of the exploits of Sig Podlozny in these pages. Let his good friend, Fred Brown, tell the story: "After 3 months in traction with a steel rod running through both knees and being unable to sit up or turn over and move his legs in any way, they got Sigmund Podlozny up and started on therapy. A clot moved, pulmonary embulism, I believe they call it, resulted and finished Siggy off. I doubt that he would ever have been able to run or walk again as both knees were completely shattered plus other breaks in his legs and three breaks in the pelvis. Siggy was an unusually healthy man otherwise. he would never have survived the accident. The accident was unnecessary as a car stopped to let Siggy cross and another car swung around him and clobbered Siggy. Siggy was just 60 and had never missed a day or been late to Western Electric in all those years. He lived for race walking and running and in 1975 when I managed to start and finish 162 walks and runs Siggy did many more but would never keep count as he said it was bad luck. Siggy didn't know when he started running and I never seemed to find the time to look through the records and see if I could find out. As you know, we have plenty of walks and runs in this area so Siggy said lets see how many days we can compete without missing. I got stopped at 13 but Siggy made 18 and then only got stopped when we had a day with no races. I am sure going to miss him. We went to most races together. Siggy, with his one arm, couldn't drive but he kept his eyes glued to the windshield when we were coming home from runs late at night. He always held my beer when we were passing police cars... Siggy never believed in running short of anything. His widow found over 100 pairs of running shoes all in boxes never worn. I knew he had plenty of them but I had lost count. It was unbelievable how many traveled great distances to

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see him during his 3 months in the hospital and made his funeral and wake .... A couple of items regarding the women's program from Bruce Mac-Donald. First, two National postal walks, or rather four. A 1 Mile and a 3 Km for those 13 and younger and both a 5 and 10 Km for those 14 and older. The 1 Mile and 5 Km are to be walked anytime during April and the other two during May. The races must be on a 440 track. There will be medals for the first 15 in each event plus awards for the first three teams. Entry fee will be \$1.00 per individual and \$2.00 for teams. For further information write Bruce at 39 Fairview Avenue, Port Washington, NY 11050. The other item concerns this year's Women's World Championship. It will be held in Boras, Sweden on August 20. We assume there will be both a 5 and a 10 Km race again... The International Training Week we mentioned last month is in Mexico, not Canada. There will be 20 and 50 Km races for men, 3 and 5 Km for women, and 5 and 10 Km for Junior Men. This is the week of April 17-24. But that is all I know about it. If you are interested write either Doug Walker in Ontario (it appeared on their schedule) or Bean Ingram to see if they know any more. Their addresses are under contacts in the schedule section ... It's a boy, Matthew Steven, for Steve and Lynn Hayden born on January and checking in at 7 lb 7 oz.... Does anyone out there have listings, rankings, etc. on the women's walks? We have been sadly negligent in this area and should have been called for piggism before. It runs in my mind that we did publish a list of the all-time leaders at 5 km at one time but beyond that nothing. Now your editor should go to work and start digging but first I will put out a call for help. Incidentally, to date, my plea for similar help on been answered ... . By mail vote, the collegiate statistics has not Executive Boa rd of the race walking committee decided to award both Steve O'Brien and Ron Day the 1976 Juhior 3 Km Championship since both were under the impression that they were racing for the championship. The decision was to act in behalf of the athlete, something not always done by our various governing bodies.

# MORE BIHLIOGRAPHY

Lots of positive response to the racewalking bibliography last month and lots of material to expandit. At this point, I will just mention those items that have been added since last month. At some time in the future when we are long on space we will rerun the complete bib. First, the Saturday Evening Post article I alluded to. John Allen has sent me a copy. It was titled "Why Do They Knock Themselves Out?" and was written by Harry Paxton. It appeared Feb. 25, 1961. The article covered some of the lesser recognized sports—walking, cycling, gymnastics, cance racing, and water polo. It lead off with race walking and that portion was based on coverage of and interviews at the 1960 25 Km in Providence. I was there, a relative newcomer at that time, finished sixth and was waiting eargerly for the Post reporter to talk to me. I am still waiting. John won the race and got a lotof space in the article.

Larry Larson provides the following additions:

MacFadden, Bernarr, The Walking Dure: Pep and Power from Walking and How
to Cure Disease by Walking, New York, MacFadden Publications, Inc. 1924.

Not really about racewalking but has a chapter "How Famous Athletes Keep

in Trim".

The Olympian System (Mens Sana in coppora sano), Chicago, 1919. This is a four volume series and one section of the first Volume is entitled "Walking the Perfect Constitution Builder.

Benagh, Jim, Incredible Athletic Feats, Hart Publishing Company, New York, 1969—includes items about a 50 mile in walk in England in 1765 in 7 hours and Capt. Allardyce's 1000 miles in 1000 hours.

Physical Feats That Made History, Hart Publishing Company, New York, 1974. A reprint of the above.

Davis, Mac, Pacemakers in Track and Field, The World Phulishers Co., New York, 1968. Includes a chapter on Edwad Payson Weston.

Tom Dooley has provided many obscure and out of print Eritish works that he culled from a book "Guide to Eritish T/F Literature 1275-1968". These are:

Walker, A. (Pseud. for David Anthony Walthen), The Big Walk, Prentice Hall, London, 1961--story of 1960 Land's End to John O'Groats Race.

Marples, Morris, Shank's Pony. A Study of Walking, London, 1959. The second chapter is concerned with the early pedestrian athletes.

Murray, Geoffrey, The Gentle Art of Walking, Elackie, London, 1939 Sidgwick, Arthur H., Walking Essays, Arnold, London, 1912.

Larner, George E., Larner's Text Book On Walking for Pleasure, Exercise, Sport, Health and Strength, London, 1910, Walking on roads and tracks, judging, and an account of the 1908 Olympic walks, won by Larner.

Allen, George H., Land's End to John O'Groats, Reing an Account of His Record Walk, Fowler, London, 1905

Neil, C. Lang, Walking. A Fractical Guide to Pedestrianism for Athletes and Others, Fearson, London, 1903.

Sandlards, John P., Walking and the Principles of Training, Smith's Publishing Agency, London, 1903

Graham, J. and Clark, Ellery H., How to Walk. Describing the Whole Art of Training Without a Trainer, The Evening News, London, 1904.

Morgan, W.A., The 'House' on Sport, Gale and Polden, London, 1898.

Compiled by members of the London Stock Exchange includes reminiscences on walking by Fred A. Cohen.

Shearman, Montague, Athletics and Football (The Badminton Library), Longmans Green, London, 1887.

Griffin, Hector H., Athletics (The All-England Series), Bell, London, 1889 Watson, G.B.C., Hints for Pedestrians, Bell, London, 1862. Hints on walking—but mainly as a recreational exercise.

Woodson, J.A., Fact and Fancy in the Life of a Pedestrian: Being A Full History of the Champion Pedestrian, J. Kennovan, London, 1863

Pedestrian or an Account of the Performances of Celebrated Pedestrians

During the Last and Fresent Century; With a Full Marrative of Captain

Enclay's Fublic and Frivate Matches, and an Essay on Training, Erown
and Frost, Aberdeen, 1813. (They liked descriptive titles in those days)

Pedestrianism: A Correct and Mirate Lawred effects for the Telebrate Correct and Mirate Lawred effects for the Correct and Mirate Correct and Mirate Lawred effects for the Correct and Mirate Lawred effects for the Correct and Mirate Correct a

Pedestrianism: A Correct and Minute Journal of the Time Occupied by J.

Stokes During His Walk of 50 Miles Per Day for 20 Days, Joseph Gilbert and Thomas Howell, Bristol, 1815

Wilson, George, Memoirs of the Life and Exploits of G. Wilson, the Celebrated Pedestrian, Dean and Munday, London, 1815

Wouldn't it be interesting to get ahold of some of those! The Belgian periodical I mentioned last month is Le Marcheur Belge and it is available from Roland Maury, ll, rue Beriot - B-7990 - Sirault, Belgium, not Hector Mahau as I indicated last month. The November issue carried translations (in French, of course) of two articles from the East German publication "Der Leichtatlet", which are hereby added to the bibliography. Ornoch, Bugenius (Poland), "The Technique and Teaching of Race Walking in Training", reproduced in Der Leichtatlet from Lekkostletyka, No. 18/73 and printed in French in Le Marcheur Belge, No. 24, 15 November 1976. Hadrych, Roland a nd Schroter, Dr. Gert, "See above title-I goofed, the other is Training For Race Walking", Der Leichtathlet, April 1976, French translation in Le Marcheur Belge, No. 24, 15 November 1976

9/18/76

9/20/71

5/27/72

7/7/74

Ray Leach came through, as I knew someone would, by pointing out that the Ohio Racewalker was not listed under periodicals. I thought of this as I was typing the list but figured those reading it would already be aware of thatnoted publication. Still, for the bibliography to be complete it no doubt needs to be included.

Ray suggests several other journals, some no longer published, including Track & Field News, Runners World, Chris McCarthy's various newsletters of thepast, World Sport (British), Amateur Athlete, Der Schweitzer Geher (Swiss), Distance Running Journal, Distance Running News. I tried to confine the periodicals section, however, to those related solely to walking and those presently published. Articles of interest from other journals can be picked up in the other section of the bib, which I should have titled Journal Articles but now see that I made a second Periodicals section. I guess it is a ma tter of how far one wants to go withthe thing. Some of the books I listed are questionable because there is so little on walking in them. But then you have to seek walking literature where you can find it, I guess. There are inumerable books on the Olympics, either overall histories or accounts of specific Games. most of which have a few paragraphs or pages on walking races, and perhaps these too should be listed.

However, continuing with Ray's additions. He suggest Spalding's Track & Field Guides and the AAU Track & Field Guides, which succeeded Spaldings should be included since they give results of all National championship races. Ray points out that there is a newer edition of Menke's Encyclopedia of Sports and that Menke also came out with the All Sports Record Book. That one, published by Barnes in 1950, is one I missed, since it has resided on my bookshelf for 25 years or so and does include a section on walking. Even has Coney Island winners through 1949. Finally he adds: Durant. John and Bettmann, Otto, Pictorial History of American Sports, A.S. Parnes, 1952, which has a few pages on walking. This includes drawings of the 6-day races in Gilmore Gardens in the last century and of Edward Payson Weston.

So, that's about it on the bibiliography for this month. May have more next month--if any of you out there come up with more. \*\*\*\*

Incidentally, I have had the two German articles mentioned above translated from French. I plan to use these in future issues but need to do quite a bit of work with them to decide just what they say. Things can get a bit confused in several transla tions (one from Russian or Polish to German to French to English, the other German to French to English). particularly when the English translator was not familiar with the sport. It may be that I will come up with a condensed version of them since they are quite lengthy; the one would take up all of a normal size is sue of the CRM. Anyway, this will be something for you to look forward to. \*\*\*\*\*\* LOCKING EACK

5 Years Ago (From the February 1972 ORW) --- The MAAU Indoor 1 Mile title went to Dave Romansky for the third time in four years. In the process he sliced .6 seconds off his own record with a 6:13.4. Ron Laird challenged all the way but his 6:1/4.6 fell just short. Not far back were Larry Walker (6:17.5), Todd Scully (6:20.4), and Ron Kulik (6:22.6). . A week earlier Dave had finished the Olympic Invitational 1500 in a record 5:48.7 but was DQ'd. The race went to Laird in 5:50.2 with Ron Daniel second in 5:51.5 and Kulik third in 5:53.3. Greg Diebold beat Scully in this one 5:58.9 to 6:00.0....Out on the West Coast, Goetz Klopfer storned through a 40 Km in 3:20:27... Here in Columbus, your editor managed to outkick Phil McDonald in an Indoor 3 mile 22:53.8 to 22:55.6...Ah, yes. Another item that should go in the bibliography. We reprinted an article stolen from Athletics Weekly entitled "What is A Wobble?" by Peter Lovesey. It had appeared in the March 28, 1970 issue. An article all about the great endurance races of the late 19th century.

WORLD'S ALL\_TIME BEST PERFORMERS (From Le Marcheur Belge, No. 25, 15 December 1976)

20 Kilometer	2.0		(4)		
Daniel Bautista	Mexico	1:23:39.8	(1)	Bydgbszcz	5/30/76
Raul Conzales	Mexico	1:24:19.0	(2)	Bydgoszcz	5/30/76
Bernd Kannenberg	W. Germ.	1:24:45.0t	(1)	Hamburg	5/25/74
Paul Nihill	G.B.	1:24:50.0	(1)	Donglas	7/30/72
Karl-Heinz Stadtmuller	E. Germ.	1:25:13.0	(1)	Leipzig	7/3/74
Hans-Georg Keimann	E. Germ.	1:25:13.8	(2)	Montreal	7/23/76
Peter Frenkel	E. Germ.	1:25:16.4	(2)	Leipzig	7/3/74
Genradiy Agapov	USSR	1:25:19.0	(1)	Berlin	5/7/72
Vladimir Golubnichiy	USSR	1:25:26.0	(2)	Leningrad	7/21/68
Domingo Colin	Mexico	1:25:32.0	(2)	Softeland	5/15/76
50 Kilometers					
Bernd Kannenberg	W. Germ.	3:52:44.6	(1)	Brenen	5/27/72
Christoph Hohne	E. Germ.	3:52:52.8	(1)	Naumburg	5/1/74
Veniamin Soldatenko	USSR	3:54:40.0	(1)	Malmo	9/18.76
Otto Bartsch	USSR	3:57:10.4	(2)	Rancate	10/13/73
Yevgeniy Lyungin	USSR	3:57:58.8	(2)	Uzhgorod	4/19/75
Enrique Vera	Mexico	3:58:14.0	(2)	Malmo .	9/18/76

Finalnd

E. Germ.

W. Germ.

USSR

## 100 Kilometers

Reima Salonen

Bernhard Nennerich

Sergei Bondarenko

Peter Selzer

9/67
/76
6/69
9/67
/53
/75
5/70
/76
/76
4/71
3 2 2 3

3:58:53.0

3:59:21.0

3:59:33.6

4:00:00.4

(3)

(2)

(2)

Malmo

Sotchi

Bremen

(1) Klaipeda